

February 2012

Breakfast includes an entrée, 1% or skim white milk, juice or fresh fruit, yogurt daily.
Menu is subject to change.

<p>For the month of January 2012 Lunch \$2.00 per day, Breakfast \$1.50 per day 16 serving days</p> <p>Breakfast \$24.00 Lunch \$32.00 Reduced lunch \$ 6.40 Milk only \$ 8.00 Extra slice of pizza .75</p> <p>To apply for free or reduced price meals and /or to help our school qualify for additional funds and discounts an application for Free or Reduced lunch forms must be completed each year.</p>	<p>Breakfast Cereals Available everyday</p> <p>Cookie Crisp Cinnamon Toast Crunch Frosted Flakes Golden Grams Cheerios Oatmeal</p>	<p>Breakfast is the most important meal of the day!</p> <p>Breakfast will be served daily from 8:40– 9:00</p> <p>Studies out of the University of Minnesota & Harvard Medical School show that students do better in class when they eat right before engaging in the learning process.</p>
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Chefs choice breakfast will be one of the following, pancakes, waffles, French toast sticks, omelets, breakfast wrap, or breakfast bar.

<p>February Mondays</p> <p>Cold Cereal Yogurt Cheese Juice or Fruit 1% or skim milk</p>	<p>2012 Tuesdays</p> <p>Bagel w/ cream cheese Yogurt Cheese Juice or fruit 1% or skim milk</p>	<p>Breakfast Wednesday</p> <p>Cinnamon roll Yogurt Cheese Juice or fruit 1% or skim milk</p>	<p>Menu Thursday</p> <p>Chefs choice hot breakfast Yogurt Cheese Juice or fruit 1% or skim milk</p>	<p>Friday</p> <p>Cold Cereal Yogurt Cheese Juice or Fruit 1% or skim milk</p>
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